

September 2021

COVID-19 Protocol

Dear Parents & Guardians:

While we are all excited to be back full time to classes, we wanted to take a moment to share with you the current COVID-19 protocols. These protocols are aligned with the CDC, NYS Department of Health, and our medical director. As we receive updated guidance we will inform you of any changes to this current protocol. Our number one goal is to keep everyone safe and healthy while letting the students have a positive school experience.

- 1) We will be following the same protocol as last school year, this means that if your student has **one** or more of the following symptoms they will need to go home and be seen by a medical provider to be cleared **before** they are allowed to return to school. Please note that **all symptomatic students** including those vaccinated will need to follow this protocol.
- 2) If your child has a chronic medical condition (asthma, seasonal allergies, etc.) with similar symptoms as those listed below – you must provide current medical documentation. If symptoms are more than an individual's normal they will still need to follow the protocols.
- 3) If your child is sent home with symptoms they **cannot** be transported home by a bus, you the parent/guardian will need to transport them home.

Symptoms

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Sore throat
- Congestion/Runny nose
- Nausea or vomiting
- Diarrhea
- Headache
- New loss of taste or smell

Tips:

- Keep your students well hydrated, as the humidity drops in the cooler months so does the moisture in our respiratory track which can make us more vulnerable to respiratory viruses
- Practice and encourage your students to perform good hand hygiene (wash hands often)
- Ensure your student gets enough sleep – when they sleep their body and mind repairs itself and boost the immune system.
- If your student has a chronic medical condition –we encourage you to work with your medical provider to help control/prevent symptoms (for ex. Seasonal allergy medication as prescribed).

We hope that everyone stays healthy and happy this school year! If you have any further questions or concerns please feel free to reach out to the nurse's office 315-387-3445 option #4

Sincerely,
Elizabeth Cranker, RN & Samantha Keeseey, RN