



**MEAL PRICING:**

Breakfast Meal

Free!

Second Meal

\$2.50

**BREAKFAST Menu**

**September-December 2024**

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	French Toast Sausage	Breakfast Pizza	Strawberry Shortcake Donuts	Pancakes with Sausage	Bacon,, Cheese Croissant Sandwich
<b>2</b>	French Toast Sausage	Breakfast Pizza	Strawberry Shortcake Donuts	Pancakes with Sausage	Bacon, Cheese Croissant Sandwich
<b>3</b>	French Toast Sausage	Breakfast Pizza	Strawberry Shortcake Donuts	Pancakes with Sausage	Bacon, Cheese Croissant Sandwich
<b>4</b>	French Toast Sausage	Breakfast Pizza	Strawberry Shortcake Donuts	Pancakes with Sausage	Bacon, Cheese Croissant Sandwich

**OTHER DAILY SELECTIONS:**

**ENTREES**

Daily Hot Breakfast

Cereal- .75

Cup of Donut- 1.75

Pop Tart- .75

**DRINKS**

Milk- .65

Juice- .50

Water- .50

**NUTRITION BITES**

- Breakfast is an important source of vitamin D and calcium, providing 40% of vitamin D and 25% of calcium to children age 2 to 19<sup>1</sup>
- Cereal contributes less than 10% of calories, but over 25% of daily intake of essential nutrients and whole grain in the diets of children who eat cereal<sup>2</sup>

**SANDY CREEK CENTRAL SCHOOL -ELEMENTARY**

All Meals are served based on the School Breakfast Program guidelines.  
Special diet meals are available on request.