



MEAL PRICING:

Breakfast Meal

Free!

Second Meal

\$2.75

BREAKFAST Menu

September-December 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Egg, Ham, & Cheese Panni	Breakfast Pizza	French Toast with Sausage	Pancake Stackers	Bacon, Egg, Cheese Croissant Sandwich
2	Egg, Ham, & Cheese Panni	Breakfast Pizza	French Toast with Sausage	Pancake Stackers	Bacon, Egg, Cheese Croissant Sandwich
3	Egg, Ham, & Cheese Panni	Breakfast Pizza	French Toast with Sausage	Pancake Stackers	Bacon, Egg, Cheese Croissant Sandwich
4	Egg, Ham, & Cheese Panni	Breakfast Pizza	French Toast with Sausage	Pancake Stackers	Bacon, Egg, Cheese Croissant Sandwich

OTHER DAILY SELECTIONS:

ENTREES

Daily Hot Entrée

Extra - 1.75

Yogurt Bar-

Bare Naked

Smoothie Meal

Extra- 2.75

Cup of Donuts-

1.75

DRINKS

Milk- .65

Juice- .50

Water- .50

NUTRITION BITES

- Breakfast is an important source of vitamin D and calcium, providing 40% of vitamin D and 25% of calcium to children age 2 to 19¹
- Cereal contributes less than 10% of calories, but over 25% of daily intake of essential nutrients and whole grain in the diets of children who eat cereal²

SANDY CREEK CENTRAL SCHOOL MIDDLE/HIGH

All Meals are served based on the School Breakfast Program guidelines.
Special diet meals are available on request.