

OCTOBER 2025

MON	TUE	WED	THU	FRI
 <u>Not Just for Halloween:</u> While widely associated with Halloween, pumpkins are a versatile ingredient used in various dishes, from pies and soups to seeds enjoyed as snacks.		1 Chicken Bacon Ranch Mozzarella Bites ES- Cheese Pizza Poppers Seasoned Green Beans Caesar Side Salads Fruit Milk	2 Western BBQ Burger ES- Cheeseburger Corn on the Cobb Baked Beans Fruit Milk	3 BBQ Chicken Drummers Cornbread Poppers Cole Slaw Seasoned Potato Wedges Fruit Milk
6 Teriyaki Chicken Sliders Broccoli and Cranberry Salad Sugar Snap Peas Fruit Milk	7 Taco Tuesday! Taco Salad Black Beans and Rice Corn Fruit Milk	8 Deluxe Cheeseburgers Caesar Side Salad Baked Beans Fruit Milk	9 Popcorn Chicken Bowls Garlic Knot Fruit Milk	10 Homemade Cheese Pizza Roasted Carrots Garden Salad Fruit Milk
13 Recess Day	14 Comet Platter (Jalapeno Poppers, Chicken Tenders, Mozzarella Cheese Stick) Caesar Side Salads Corn Fruit Milk	15 Wing Ding Day! Seasoned Noodles Steamed Broccoli Baked Beans Fruit Milk	16 Chicken Sandwich Seasoned Potato Wedges Honey Glazed Carrots Fruit Milk	17 Oriental Bar Fried Rice Egg Rolls Fruit Milk
20 Homemade Cheesy Breadsticks Garden Salad Vegetable Cups Fruit Milk	21 Ham or Turkey Subs Chips Cheesy Broccoli Fruit Milk	22 Mac Burgers Baked Beans French Fries Fruit Milk	23 Pizza Pizza Garden Side Salad Garlic and Thyme Carrots Fruit Milk	24 Homemade Macaroni and Cheese Roasted Green Beans Fruit Milk
27 Flatbread Pizzas Italian Green Beans Garden Salad Fruit Milk	28 Chicken Tenders Cheesy Mashed Potatoes Peas Fruit Milk	29 Taco Day! Choice of Pork Carnitas or Shredded Beef WGR Tostito Chips Black Beans and Rice Corn Fruit Milk	30 Chicken Bacon Ranch Mozzarella Bites ES- Cheese Pizza Poppers Seasoned Green Beans Caesar Side Salads Fruit Milk	31 Burger Bar! ES- Cheeseburger Corn on the Cobb Baked Beans Fruit Milk

ANNOUNCEMENTS

All the grub follows the NSLP rules. First meals are on the house, but if you're eyeing a second round or some fancy à la carte treats, unfortunately, it's cash upfront, folks! The menu might do a quick-change act without warning.

Need a meal modification? Just send an email to tracy.sullivan@scs.cnyric.org

Hey there, October! It is National Eat Better, Eat Together Month, encouraging mindful eating and stronger connections through shared meals,

Just a heads up, we're all about equal opportunities here! Therefore, we are an equal opportunity employer!

MEAL PRICES

First Meal is FREE!

Extras:

Entrée- 2.25

Side Dish- 1.25

Milk- .65

Water- .50