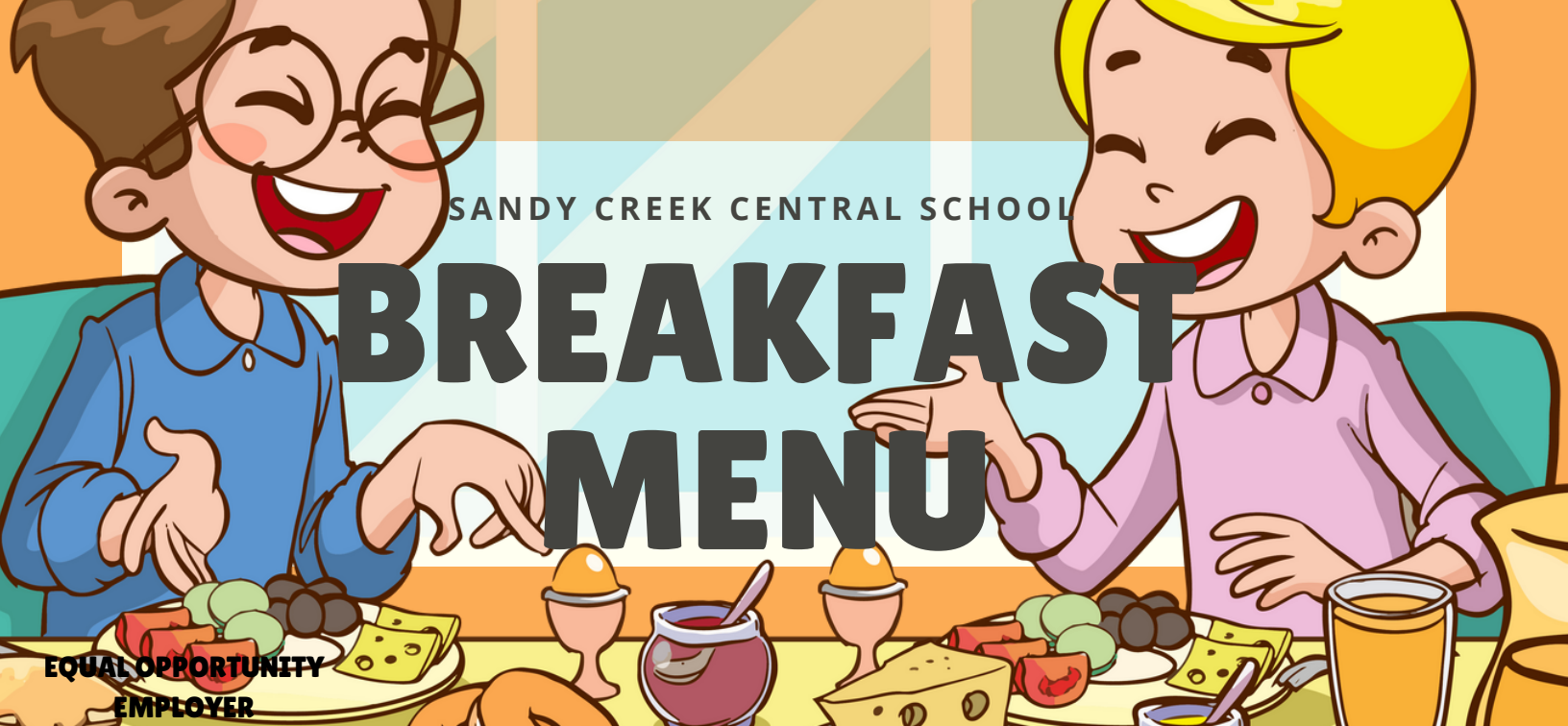




EQUAL OPPORTUNITY
EMPLOYER

SANDY CREEK CENTRAL SCHOOL BREAKFAST MENU

Monday

Whole Grain Rich French Toast with Bacon

Tuesday

Whole Grain Rich Breakfast Pizza

Wednesday

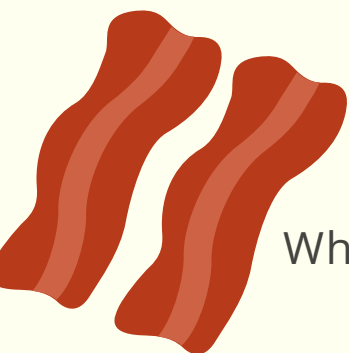
Scrambled Eggs with sausage and toast

Thursday

Pancake with Sausage

Friday

Whole Grain Rich Breakfast Croissant



PLEASE NOTE
ALL BREAKFAST
MEALS COME WITH
A CHOICE OF 1%
WHITE MILK OR
SKIM WHITE MILK
CHOICE OF 100%
NYS JUICE AND
FRESH FRUIT
REDUCED SUGAR
YOGURT
(WHEN AVAILABLE)
OTHER BREAKFAST
OPTIONS INCLUDE:
REDUCED SUGAR
CEREAL VARIETY OR
WHOLE GRAIN RICH
DONUT HOLES
ALL MEALS ARE
UNDER THE USDA
GUIDELINES OF 500
CALORIES
<10 SATURATED
FATS
<10 ADDED SUGARS
LESS THEN 540MG
SODIUM