

JANUARY 2026

Health-e Pro 

MON	TUE	WED	THU	FRI
5 Cheddar Melt on Whole Grain Pretzel Rolls ES- Toasted Cheese Tomato Soup or Chili Fruit Milk	6 Homemade Cheesy Breadsticks Garden Salad Crispy Green Beans Fruit Milk	7 Pork Burnt Ends Cornbread Poppers Chicken Nuggets-ES Cole Slaw Sidewinder Fries Fruit Milk	8 Chicken Wing Bar Cheesy Broccoli Caesar Salad Fruit Milk	1 Recess Day 2 Recess Day
12 Pizza Piiza Caesar Side Salad Broccoli Fruit Milk	13 Honey Rib On a Bun Seasoned Potatoes Cole Slaw Fruit Milk	14 Homemade Macaroni and Cheese Carrots Fruit Milk	15 Comet Platter (Pizza Rolls, Chicken Tenders, Mozzarella Cheese Stick) Green Beans Baked Beans Fruit Milk	9 Build your own Nachos!! Taco Beef or Chicken Option WGR Tostito Chips Black Beans and Rice Corn Fruit Milk
19 Recess Day	20 Burger Bar! ES- Cheeseburger Corn on the Cobb Baked Beans Fruit Milk	21 Wing Ding Day! Seasoned Pasta Cole Slaw Seasoned Carrots Fruit Milk	22 Homemade Cheese or Meatlovers Pizza Green Beans Caesar Salad Fruit Milk	16 Pasta Bar Garden Salad Roasted Brussel Sprouts Fruit Milk
26 Chicken Tenders Cheesy Mashed Potatoes Peas Dinner Roll Fruit Milk	27 Cheese Poppers Broccoli Caesar Side Salads Fruit Milk	28 Breakfast Bar ES- Brunch Juice Milk	29 Pulled Pork Sandwiches Cornbread Poppers Chicken Nuggets-ES Cole Slaw Baked Beans Seasoned Potato Wedges Fruit Milk	23 WGR Pork choplets Mashed Potatoes Broccoli Fruit Milk
				30 French Fry Bar! Garlic Knots Fruit Milk

ANNOUNCEMENTS

All the grub follows the NSLP rules. First meals are on the house, but if you're eyeing a second round or some fancy à la carte treats, unfortunately, it's cash upfront, folks! The menu might do a quick change act without warning.

Need a meal modification? Just send an email to tracy.sullivan@scs.cnyric.org

Hey there, January! Did you know that Rutabagas are a powerhouse of many important nutrients, containing calcium, magnesium, potassium, vitamin C, vitamin A, folate, and small amounts of phosphorus and selenium.

Just a heads up, we're all about equal opportunities here! Therefore, we are an equal opportunity employer!

MEAL PRICES

First Meal is FREE!

Extras:

Entrée- 2.25

Side Dish- 1.25

Milk- .65

Water- .50