

# APRIL 2026

MON	TUE	WED	THU	FRI
		1	2	3
6 Homemade Macaroni and Cheese Carrots Cucumber Salad Fruit Milk	7 Brunch for Lunch Fruit Milk	8 Baked Chicken Seasoned Rice Broccoli Baked Beans Fruit Milk	9 Meatball Subs Caesar Salad Roasted Bell Peppers Fruit Milk	10 Homemade Pizza Italian Pasta Salad Green Beans Fruit Milk
13 Pork Stir Fry Rice Corn Fruit Milk	14 Wing Dings Seasoned Noodles Broccoli Baked Beans Fruit Milk	15 Homemade Cheeseburger Helper Green Beans Garden Salad Fruit Milk	16 Deli Works Macaroni Salad Veggie Cup Fruit Milk	17 Deluxe Cheeseburgers Waffle Fries Carrot Sticks Fruit Milk
20 Chicken Tenders Cheesy Mashed Potato Peas Fruit Milk	21 Cheesy Breadsticks Caesar Salad Green Beans Fruit Milk	22 Teriyaki Chicken Rice Bowls Stir Fry Vegetables Fruit Milk	23 Taco Lasagna Corn Garden Salad Fruit Milk	24 Comet Platter Baked Beans Carrots Fruit Milk
27 Pork Chop Let Mashed Potatoes Broccoli Fruit Milk	28 Chicka Dilly Sandwich Garden Salad Green Beans Fruit Milk	29 Beef and Broccoli Egg Roll Rice Fruit Milk	30 Pizza Pizza Caesar Salad Veggie Cups Fruit Milk	

## ANNOUNCEMENTS

All the grub follows the NSLP rules. First meals are on the house, but if you're eyeing a second round or some fancy à la carte treats, unfortunately, it's cash upfront, folks! The menu might do a quick-change act without warning.

Need a meal modification? Just send an email to [tracy.sullivan@scs.cnyric.org](mailto:tracy.sullivan@scs.cnyric.org)

## MEAL PRICES

First Meal is FREE!

Extras:

Entrée- 2.25

Side Dish- 1.25

Milk- .65

Water- .50



Fun Facts About Peanuts-

RICARDO Peanuts are actually nutrient-dense legumes, not nuts, and are packed with more protein than any other nut, featuring 7 grams per ounce. Eating peanuts or peanut butter can help manage weight, lower cholesterol, and provide essential nutrients like Vitamin E, magnesium, and healthy fats, despite being a low-calorie snack option.