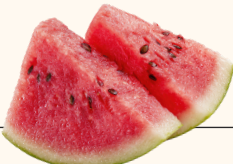


SEPTEMBER 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8 Apple Slices	9 Baby Carrots	10 Watermelon Cubes	11 Cucumber Coins
14 Seedless Grapes	15 Orange Wedges	16 Broccoli Florets	17 Strawberries	18 Bell Peppers
21 Pear Slices	22 Pineapple Chunks	23 Sugar Snap peas	24 Blueberries	25 Gooseberries
28 Mixed Fruit Cups	29 Banana Halves	30 Kiwi Slices		

EATING A
RAINBOW OF
FRUITS AND
VEGETABLES
EVERYDAY
ELPS YOUR
BODY GROW
STRONGER,
STAY
HEALTHY
AND GIVES
YOU ENERGY
TO PLAY
AND LEARN!!

