THE COMET'S TALE



Sandy Creek Central School Board of Education:

President: Brian MacVean Vice President: Shannon Akey

Steven Haskins Michael Hovey Creg Ivison Tammy Miller John Shelmidine

District Office:

Superintendent:

Mr. Stewart R. Amell **Business Office**:

Business Administrator/

District Clerk:

Shelley H. Fitzpatrick Assistant: Vicky Stoker Treasurer: Mike Cambareri Sr. Account Clerk: Lori Krebs Sr. Account Clerk: Holly Kelly

Principals:

Elementary: Sue Ann Archibee High School: Maureen Shiel

Dean of Students:

Michael Stevens

Middle School Coordinator:

Carolyn Shirley

Superintendent of Buildings & Grounds:

Chris Ouderkirk

Cafeteria:

Cook Manager: Debbie Archibee

Transportation:

Supervisor: Robin Cashel

Technology:

Coordinator: Paul Goulet

Athletics:

Coordinator: Mike Stevens

Testing:

Coordinator: Amy McCormack

Special Education:Coordinator: Janice Burns



Stewart R. Amell Superintendent of Schools

Thank you Voters!

On behalf of the Board of Education and the employees of the school district, I want to thank everyone who supported our proposed 2011-2012 school budget. The budget received overwhelming support for those who voted.

As we have in the past, we encourage our voters to participate in an Exit Poll Survey that gives us valuable feedback on how we can better serve our students, parents and community. The survey is strictly voluntary and I would like to share with you some of the results:

106 voters participated in this year's Exit Poll Survey which is roughly 30% of the total number of people who actual voted. Also, please keep in mind that not all questions are answered and not all voters participate.

- ◆ Do you have any children who attend the Sandy Creek School District?

 25 Voters (25%) indicated yes and 77 Voters (75%) indicated no.
- Do you have any grandchildren who attend the Sandy Creek School?
 23 Voters (22%) indicated yes and 80 Voters (77%) indicated no.
- ♦ Are you a district employee?

37 Voters (35%) indicated yes and 69 Voters (65%) indicated no.

- ★ In what area of the school district do you live? 34 Voters (33%) were from Sandy Creek, 34 Voters (33%) were from Lacona, 12 Voters (12%) were from Sandy Pond, 10 Voters (10%) were from Orwell, 8 Voters (7%) were from Redfield, 3 Voters (3%) were from Boylston, and 2 Voters (2%) were from Ellisburg.
- Do you feel the school district provided you with sufficient information regarding this year's proposed budget?

95 Voters (94%) indicated yes and 6 Voters (6%) indicated no.

- Do you support the district's efforts to utilize alternative energy sources?
 95 Voters (96%) indicated yes and 4 Voters (4%) indicated no.
- Are there any student programs or services that you would like to see at SCCS?

More combined sports with Pulaski

Advanced Placement Courses

More College Level Courses

More Programs for Gifted Students

Enhance/Challenge higher level Elementary Students

Marriage and Family Classes

Pre-K for all eligible students

Page 2 Volume 7, Issue 4

Continued from page 1

As a Taxpayer and/or Parent of a Sandy Creek Central School District student do you have any specific area of concern or issue you would like to see the school administration or school board address?

(These suggestions were mentioned more than once)

Better utilization of Bus Routes

Student activities after hours

Better Teacher Accountability/Evaluation

More Shared Services with other districts

More students enrolled in BOCES Programs (Trades)

Keep Administrative Pay at minimum

I hope this survey provides you with some valuable information as to how your neighbors feel regarding the school district. The Board of Education and Administration will discuss the feedback to better serve the needs of our students, parents and community members.

Battle of the Books

This year, Sandy Creek expanded their Battle of the Books program to include students in grades 3-12. For those not familiar with Battle of the Books, it is a reading motivation and comprehension program whose goals are to encourage and recognize students who enjoy reading, broaden reading interests, increase reading comprehension and promote academic excellence. At each of the four levels, teams of two to three students competed against each other on March 21st to determine who would represent Sandy Creek at the county battle on April 13th, which was also hosted by the school district.

At the county battle, all students did a wonderful job and battled to the best of their ability. The grades 3/4 team consisting of Sadie Lurcock, Lainie Hathaway and Logan Strong took 6th place. The grades 5/6 team consisting of John McGrew, Nick Radford and Adam Yerden took third place. The battle got intense with the grades 7/8 team who, after five tie breaking questions, took 2nd place. Congratulations to Zeke Durham, Rosie Morgan and Morgan Ranieri who were on this team. The high school team also put up a good fight going through four tie breaking questions to ultimately take 2nd place. Congratulations to Linda Rudd, Marissa Ranieri and Elizabeth Houck.

For more information on the Battle of the Books program, please go to: http://www.akla.org/akasl/bb/bbhome.html



The Sandy Creek Central School District 2011 Valedictorian is Dylan Marcus Gilman



Parents: Raymond Gilman

Plans after high school: I plan on attending RPI to study architecture. **Career Plan**: My plan is to get my Masters Degree and open my own architecture firm.

My favorite extracurricular activities: Soccer, newspaper and drama

What I do to relax: I like to write music and poetry and I like to play guitar.

My advice to my graduating class: Live life and let nothing keep you from your goals.

What I would like to be known for: Being a person who worked hard to get where I was, yet was able to keep good friends all throughout.

The Sandy Creek Central School District 2011 Salutatorian is Rachel L. Pretory

Parents: Greg and Laurie Pretory

Plans after high school: Attend college at Syracuse University and

major in International Relations.

Career plans: I plan to get a job in government anywhere from

Diplomacy to National Security.

My favorite extracurricular activities: Volleyball and soccer.

What I do to relax: Spend time with my friends, our class is very $% \left(1\right) =\left(1\right) \left(1\right) \left$

close and I will miss them dearly.

My advice to my graduating class: As we go our own ways, stay true to yourself, fight for what you believe, and never forget where you came from.

What I would like to be known for: Someone who worked hard for her achievements, but was never afraid to have a little fun along the way.



Page 4 Volume 7, Issue 4

THIS IS ONLY THE BEGINNING... By Carolyn Shirley, Middle School Coordinator

The past year has been filled with many opportunities for our students to learn. Students participated in the many lessons and activities planned by our dedicated staff. Yet beyond the important skills associated with academics, such as reading, math, and writing, students have had other opportunities to analyze, problem solve, communicate, create, debate, synthesize information, and practice personal responsibility. Most of our students participated in various activities, such as clubs, sports, band, chorus, and drama productions. They also participated in class/team meetings and assemblies. All these experiences, coupled with classroom instruction, prepare our students for future success.

Although the school year is coming to an end, summer will bring a myriad of new experiences and opportunities to learn. Students are encouraged to continue to develop their skills over the summer by engaging in activities such as exploring their natural surroundings, visiting some of our local museums, reading a good novel, or writing in a journal. It is also important to rest, relax, and prepare for the beginning of the next school year.

* * * * *



2010 Wall of Excellence Awards were presented September 25, 2010 to Martin Maurer, Richard Gilbert and Mary Jane Burke shown here with Stewart Amell, Superintendent.

This is a recognition program for past and present faculty and staff who have exhibited unforgettable commitment and service to the children of our district. Nominations for 2011 will be accepted until June 30 and can be mailed or delivered to the Superintendent's Office.

News from the High School

Congratulations to the Class of 2011. This class will graduate with 83 students, 14 of which are also National Honor Society Members. It is my pleasure to announce the 2011 Top Ten listed from ten to number one:

Steven Radford

Kaylin Switzer

Will Fancher

Mathew Shirley

Jacob Halsey

Russell Levack

Jessie Glenister

Carl Hurd

Rachel Pretory, Salutatorian Dylan Gilman, Valedictorian

I am happy to report that all of the graduating seniors have a plan for after graduation. Sixteen students plan to attend a four year college, and 41 are attending a community college or technical college, 4 students are entering the armed services and 22 students entering the work force.

Forty six members of this class participated in one or more sports and 23 were involved in band and/or chorus. The class of 2011 is filled with talented young adults that will be pursing their futures shortly. I would like to thank the parents of these students for helping to keep them focused and heading in the right direction. I would also like to thank Mr. Halsey and Mrs. Pelton for all their hard work advising the Class. To the Class of 2011, I wish you all the best!

News From The Elementary

Elementary Student Council Awards Ceremony

Grades 3-5 enjoyed a splendid awards ceremony on Friday, June 3, sponsored by our Student Council. Josh Balcom, Council President, assisted in distributing awards during the ceremony. Awards were bestowed for interest and achievement in many subjects, and recognition was given for participation in Student Council and Climate Committee. A new award was established for some of our fourth grade students who have been particularly active in bully prevention this year. Congratulations to all winners and thank you to the sponsors for making the awards possible!



Busy June

The month of June is always a busy one for our elementary. Between field trips, special class activities and guest speakers, we have Flag Day, Pre-k and Kindergarten graduations, Moving Up Day and Fun Day celebrations. There is much to enjoy before we break for summer with our families! Note the three half days we have scheduled for June 17, June 23 and June 24. K-5 students final day of school is Friday, June 24th.

Please remember that some calendar changes occur after the District calendar is printed in the summer, so be sure to check the monthly calendar we send home with the menu for most current information. Dates and times sometimes are adjusted as we go through the year. Also remember to check the lost and found as you visit our school, and claim any items your child might have misplaced during the year. Lost and Found rack is in the main lobby by the sign in table.

Our Morning Program has been wildly successful this year, under the direction of Mrs. Hobbs and Mrs. King. Guest speakers, game challenges, community projects, performances, contests, and other exciting activities have filled our days. We have honored our country and celebrated our holidays together. Thank you to all who have participated or helped to make this a great start to each day.

We have many changes in store for next year, as several teachers are changing grade levels. Mrs. Halsey will be moving to second grade to join Mrs. Schickling and Mrs. Ferguson. In third grade, Mrs. Cheney and Mrs. Ramus will be joined by Mrs. King. Our new fourth grade team will be Mrs. Liszewski, Mr. Parish, Mrs. Fowler and Mrs. Rudd. Our math coach and interventionist will be Mrs. Robbins. We are very excited about these moves and our teams are already meeting and planning for the fall.



We will also implement updated reading materials this fall. We are using the new version of Houghton Mifflin entitled Journeys, which includes several pieces that are available online. Parents and students will have access to some of these resources from home, if they have internet access. This will be an important tool in our instruction and support of student learning. Look for information from your child's teacher in the fall.

We thank everyone for helping to make this year a great success, and look forward to seeing you in the fall. Have a safe and happy summer!

Page 6 Volume 7, Issue 4

Elementary Health Expo 2011

Sandy School District and the Health 🌠 School Based Center collaborated to host the 2011 Family Health and Wellness Expo on March 31, 2011. This district-wide event was open to families and students of all ages. Over 250 people participated in this event. The evening began with a home cooked meal that was provided free of charge to those in attendance.

Participants had the opportunity to visit over exhibits from community organizations, enforcement, businesses and service providers that offer health, wellness or safety message or service. Exhibits featured educational information with hands-on activities for families to experience. Topics included: safety, nutrition, fitness, health, dental health, healthy vision, mental health, addiction services, fire safety, support for military families, youth activities, family services and cyber safety.

School staff and students from the National Honor Society volunteered to help with the event. This annual event appealed to all ages and had the students talking for days about all they had done, seen and of course, all of the free goodies they had collected.



Science Olympiad

By SkyLynn Salzman, Sophie Walter, Jessica Leppien & Lindsey Goodnough

Our experience being on the Sandy Creek Science Olympial ad team this year was great. We had a lot of fun, but at the same time we worked hard on our events and learned a lot of science. The Science Olympial teams meet on Tuesdays, Fridays, and some Saturdays at Sandy Creek Middle and High School. We practice after school for an hour on Tuesdays and Fridays and 9:00 to 1:30 on Saturdays. We have teams in both the Middle and High Schools.

Our teams build and research for a long time before the competition. It is fun, factual, and at the very end when all of your work pays off, there is a battle between schools. School vs. School, robot vs. robot, trebuchet vs. trebuchet!

Events are building, study, or lab events. For example, one of our events was Solar System, a study event. We studied all year and then took a test on the solar system. For Junkyard Challenge, a building event, we had to prepare for many different challenges, including building a cantilever, a bridge, or a tower. We used a whole bunch of different useful materials on the day of the competition to build a bridge. For Shock Value, we studied circuit analysis and electricity, and then we took a test and performed lab activities related to those topics.

Sandy Creek's goal for this year was to increase our medal count from last year. We did it! We brought home medals in six of our twenty-three different events. Out of the twenty-eight teams in attendance, we took eighth place. Our medal winners were: Collin Reff in Helicopters, SkyLynn Salzmann and Chelsey Blodgett in Disease Detectives, Rosie Morgan and CodiAnne Salzmann in Compute This, Rosie Morgan and Brigid McClusky in Science Crime Busters, Casey Christian and Shannan Robbins in Bottle Rocket, and Adrianna Palmer and Chelsey Blodgett in an amazing silver medal performance, losing in the final round of the SumoBot competition in front of hundreds of screaming fans. It was a great day!

The Oswego County Reading Council held its 23rd annual county wide writing contest in March and April. The 6th grade topic was titled, "The Person I most admire is.....". Sandy Creek had quite a few winners that we are all proud of. Awards were held at Oswego County BOCES on May 24, 2011. Winners were announced and stories read by the first place winners at each grade level. Each level is broken up into grade levels in order to have students judged on their level. Out of the entire county, Sandy Creek had many winners from 6th grade: Adam Yerden, 1st; Alexis Ladd 3d; Nicky Radford, Jasmyn Williams & Jessica Leppien, Honorable Mention.

Shown here are: Jessica Leppien, Alexis Ladd, Adam Yerden and Nicky Radford



SCCS TRANSPORTATION DEPARTMENT NEWS

On May 20, 2011 the Transportation Department practiced a special needs emergency evacuation and safe backing techniques during the districts staff development day. The bus drivers and bus aides involved in the emergency evacuation were given a scenario of a fire in the front of the bus with a driver, a bus aide and 3 students with special needs. The evacuation was timed and judged on professionalism and procedure. In safe backing techniques the drivers all got a turn at backing a full size bus in between barriers on each side of the bus measuring a width of one foot on each side of the bus and a barricade at the rear of the bus that the driver had to be within one foot without hitting. It was a fun learning day for all who participated!





On May 21st, three SCCS drivers competed in the Central New York Association for Pupil Transportation School Bus Roadeo held at the Oswego County Fairgrounds. Bethel Mothersell placed 2nd in the transit school bus division, while Tracy Sullivan and Melissa Goodsell placed 3rd in the special needs division. They will all go on to compete at the state level in Saratoga Springs on July 16th, congratulations ladies!





The SCCS Bus Safety Team demonstrated a "smoke bus" evacuation with groups of 5th graders from Oswego County on June 1st, during the Oswego County Progressive Agriculture Safety Day held at the Oswego County Fairgrounds.



Page 8 Volume 7, Issue 4

SCCS Recognition of Staff and Students

Each year we take time prior to our regular Board of Education meeting to recognize members of our staff and student body. These are some of the highlights:



Valedictorian Dylan Marcus Gilman



Maintenance & Operations



Nurses & School Based Health Center



Salutatorian Rachel L. Pretory



Tenure Recipients



Administrative Professionals



Transportation Staff



Teacher Assistants



Cafeteria Staff



Sally Montieth Retirement



Mike Hovey Retiring Board Member

Page 10 Volume 7, Issue 4

NOOK eReaders come to Sandy Creek!



In March, Sandy Creek High School students became the first library patrons in Oswego County to be able to check out eReaders. In February, the school district purchased six (6) Barnes and Noble NOOK eReaders for the Middle/High School Library.



For those unfamiliar with the NOOK eReader, this digital reading device allows for up to 1,500 books to be loaded onto a single eReader. The device also has other capabilities including internet access, audio materials and Chess/Sudoku. Some of these features are not accessible during the school day. Loaded on these six reading devices are 21 eBooks which include some of the more popular books such as The Hunger Games series by Suzanne Collins, The Mortal Instruments series by Cassandra Clare, and The Chronicles of Vladimir Tod series by Heather Brewer, among others. Additionally, the NOOKs are also loaded with several classics including **The Adventures of Tom Sawyer** by Mark Twain, The Hound of Baskervilles by Arthur Conan Doyle, Pride and Prejudice by Jane Austen and <u>Dracula</u> by Bram Stoker.

There has been a very positive response to the NOOK eReaders. The devices have already circulated over 85 times between in-house and check-out use. At this point, check out is limited to only high school students who return a signed permission slip and faculty/staff, but any student in grades 6-12 can use the NOOK eReader in the library. Students seem to enjoy these new reading devices saying:

"I would much rather read from the NOOK. The NOOK is much easier to read than a standard book. I can change the size of the words with the snap of my finger. I have trouble seeing small fonts and have to wear glasses when I read so the option to change the font size is excellent."



"The NOOK is a lot easier to carry around than a standard book. You can have more than one book right at your fingertips instead of having one book at a time from your local library."

"When I read a standard book, flipping the page is very distracting to me. When I turn the page with the NOOK all you have to do is push a button and the page is automatically flipped."

The library plans to add more eBooks to the NOOK eReaders, but will also continue to purchase books in print format for those unable to check-out the eReader or just prefer the feel of a print book in their hands.

School-Based Health Center and starting July

Summer's coming 5th to August 4th

we will be open on M, T, Th from 8:00 to 3:00 (and July 6th 8-3). We are available for physical exams, college exams, sick visits, injuries, immunizations, allergy shots, etc. On the days that we are closed, patients can be seen at the Pulaski Health Center at 61 Delano St. in Pulaski.

The SBHC Dental Program will be open Thursdays July 7th through August 4th.

Call the School Based Health Center at 387-3620.

The Sandy Creek Central School District will once again participate in the Summer Food Service program (SFSP). Meals will be provided to all children 18 years and under without charge. Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, gender, age or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the site and times as follows:



Sandy Creek Central School Elementary Cafeteria July 5th to August 4th, Monday through Thursday Meals will be served as follows: Breakfast from 8:00AM to 9:30 AM ONLY Lunch from 10:45 AM to 12:30 PM ONLY All meals must be consumed in the cafeteria

Persons interested in receiving more information should contact: Debbie Archibee at Sandy Creek Central School, 387-3445 Ext 1602

New York State Scholar-Athlete Team Awards

The New York State Athletic Association recognizes the academic accomplishments of athletic teams for each sport in each season. In order to be recognized, teams must achieve a certain standard of academic progress during their season's marking period. Each team has a minimum number of students required to have at least a combined average of 90% with each individual needing at least an 85% average. The NYSPHSAA will then award the top school (for each sport) as a State Champion. We are very proud of our teams especially when they achieve academic success. It is a great reflection of our students, staff, parents and community.

Congratulations to the following teams for being recognized as New York State Scholar Athlete Teams for the 2010-2011 school year.

FALL—Girls Soccer, Boys Soccer, Girls Cross Country, Football and Football Cheerleading
WINTER—Volleyball, Wrestling, Basketball Cheerleading and Ice Hockey
SPRING—Softball

ALSO CONGRATULATIONS TO THE FOLLOWING:

Frontier League Sportsmanship Awards

Girls Soccer, Girls Cross Country, Boys Basketball, Wrestling and Football Cheerleading
Section III Champions

Football Cheerleading, Basketball Cheerleading, Wrestling and Softball

Frontier League Champions

Football Cheerleading, Basketball Cheerleading, Wrestling and Softball (Co-Champs)

*** The High School gym will NOT be available for most of the summer due to resurfacing the floor. ***

The Athletic Facilities will be open to athletes during the summer. Students should check with their coaches for days and times. Fall sports season begins August 15th for Varsity Football and August 22rd for all other JV and Varsity sports. Modified Football starts September 1st. All other Modified sports start the first day of school. Coaches will be notifying the students that signed up to play as to when they are having practice.

Technology News and Notes

Keeping pace with the changes in technology in an educational environment is a fast paced balancing act. We are challenged to provide students, teachers and administrators with the tools they need to achieve academic success and also maintain a secure and safe environment. The latest challenge and hype in technology is mobile access, byod (bring your own device) and cloud computing. Basically it comes down to having access to documents and communication services anywhere, anytime and from multiple platforms and devices.

At SCCS we are taking a number of steps to keep up with technology needs in the district. This summer we will be increasing the wireless coverage in the district to provide greater access for wireless devices and explore the concept of byod. We will also be rolling out a number of ipads for use by students and staff to explore large group wireless computing and classroom use of different apps for practice and assessment. There is a steady increase in the amount of curricula, assessments, data and media on the internet and we need to provide access to that material.

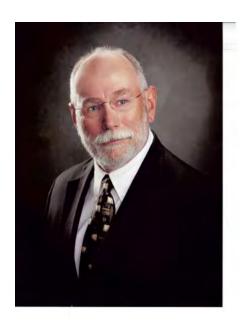
State and federal educational trends are seeking greater accountability of local educational institutions and want more on-line assessments. We are moving many of our assessment tools to on-line databases that will help provide greater and faster feedback on our educational practices and help us improve both large scale and individual academic needs. All of this needs to happen while also providing security and privacy for our users and their data.

We are also involved in trying to help keep down costs in the district. The use of electronic devices obviously requires a great deal of energy. As we replace our devices we always look for ways to help reduce these costs. We have gradually replaced all of the older CRT monitors in the district with LCD flat panels. We are also moving to replace many of the desktop PC's with mini-PC's that require 35% less energy. Both of these changes have helped reduce energy costs and generate much less heat output to the classrooms. All machines in the district are also programmed to shut down after a specified inactivity period to prevent energy waste and assist the district in it's efforts to go "greener".

Page 12 Volume 7, Issue 4

2011 Sandy Creek Central School District Wall of Distinction Inductees

Sandy Creek Central School District is proud to introduce to you the 2011 Wall of Distinction Inductees. Throughout their lives, these extraordinary people have shown a high level of professionalism, distinction, and sufficient moral character as to represent a positive role model to students in the school district.



Ronald Archibee Class of 1968

Taught Social Studies and coached at Sandy Creek Central School District for 30 years. Had a passion for teaching that reached and touched many students, some of which have gone on to teach. Often referred to as the "voice of reason." Promoted good citizenship through the Voice of Democracy, Mock Trial and his community efforts. Through his professionalism, humor, dedication, character and will to succeed, Ron positively effected many individuals both in the classroom and those he coached in athletics.

The 2011 Wall of Distinction Ceremony will be held Friday, June 24th at 6:15 p.m. in the District Office lobby immediately preceding the 2011 Alumni Banquet at 7:00 p.m. Tours will begin at 5:00 p.m.



Dr. Warren Hollis Class of 1942

Graduated from Buffalo School of Medicine in 1948. Became Superintendent and Medical Director of Oswego County TB Hospital in Orwell and started a part time practice in Lacona in 1950. In 1951, attended Trudeau School of TB and then became part of the family practice residency program at St. Joseph's Hospital in Syracuse, NY. Early 1970's he became approved as a Family Physician. Was a clinical instructor and later a clinical assistant professor at Upstate Medical Center. Served on many organizations and Boards including being a member of the Masonic Lodge in Sandy Creek and a Board Member for SCCS.

Andrew Haldane Class of 1991

Always an enthusiast and hardworking man. In high school it was on the athletic field. Has proven to be just as hardworking as an adult. Graduated from Clarkson University with an engineering degree. Owner of Tower Engineering Professionals where he employs over 100 people. The company is flourishing, in the U.S. and overseas. Mr. Haldane displays many qualities including creativity, leadership, good citizenship, strong work ethic and organization.





Margaret Kastler Class of 1951

Enlisted in the Air Force in 1951 for three years. Owned and operated beauty salons as well as taught Cosmetology at Jefferson-Lewis BOCES. Completed her BA Degree at SUNY Oswego. Served as Librarian of the Ainsworth Public Library and a founding member of the Friends of the Ainsworth Public Library. Has worked hard to enhance the library to offer our community a first rate source of books, technology, and community interactions. Advocate for education and a leader in community service. Has served in political positions for the town as well as the chairperson for the Sandy Creek Republican Committee. Currently an Oswego County Legislator.

Page 14 Volume 7, Issue 4

SCCS Pesticide Information

Dear Parent, Guardian, and School Staff:

New York State Education Law Section 409-H, effective July 1, 2001, requires all public and nonpublic elementary and secondary schools to provide written notification to all persons in parental relation, faculty, and staff regarding the potential use of pesticides periodically throughout the school year. The following pesticide applications took place in the Sandy Creek Central School from February 11, 2011 to June 20, 2011:

Date of Application	Location of Application	Product Used
1) May 8, 2011	Athletic Fields	Lebanon ProScape
		Fertilizer
		2217-581-961

As a reminder, the Sandy Creek Central School District is required to maintain a list of persons in parental relation, faculty, and staff who wish to receive 48-hour prior written notification of certain pesticide applications. The following pesticide applications are not subject to prior notification requirements:

- A school remains unoccupied for a continuous 72-hours following an application;
- Anti-microbial products;
- Nonvolatile rodenticides in tamper resistant bait stations in areas inaccessible to children;
- Nonvolatile insecticidal baits in tamper resistant bait stations in areas inaccessible to children;
- Silica gels and other nonvolatile ready-to-use pastes, foams, or gels in areas inaccessible to children;
- Boric acid and disodium octaborate tetrahydrate;
- The application of EPA designated biopesticides;
- The application of EPA designated exempt materials under 40CFR152.25;
- The use of aerosol products with a directed spray in containers of 18 fluid ounces or less when used to protect individuals from an imminent threat from stinging and biting insects including venomous spiders, bees, wasps, and hornets.

In the event of an emergency application necessary to protect against an imminent threat to human health, a good faith effort will be made to supply written notification to those on the 48-hour prior notification list.

If you have not yet registered to receive 48-hour prior notification of pesticide applications that are scheduled to occur in your school, please complete the form below and return it to Shelley H. Fitzpatrick, Sandy Creek Central School District Business Administrator, PO Box 248, Sandy Creek, NY 13145, Phone: 315-387-3445 x1510, Fax: 315-387-2196.

Please feel free to contact Chris Ouderkirk, the Sandy Creek Central School District pesticide representative at: PO Box 248, Sandy Creek, NY 13145, Phone: 315-387-3445 x1510, Fax: 315-387-2196 for further information on these requirements, including information on the products that have been applied in this school.

Sincerely, Shelley H. Fitzpatrick Business Administrator

SCHOOL NURSE NOTES

Claudia Hurne, RN & Laurie Crast, RN

Summer has arrived!! During the beautiful, HOT sunny days of summer, it's important to be aware of the dangers of overheating for you, and your children. The following was taken from a communication from the **New York State Department of Health**, dated June 6, 2008:

"During normal weather, the body's internal thermostat produces perspiration that evaporates and cools the body. However, during periods of extreme heat and high humidity, evaporation is slowed and the body must work extra hard to maintain a normal temperature. If the body cannot cool itself, serious illness could result:

- Heat stroke is the most serious heat-related illness it is an emergency that requires immediate action. Symptoms include hot, dry, red skin, rapid pulse, high body temperature (≥ 105 ° F), loss of alertness, confusion, rapid and shallow breathing, and unconsciousness or coma. Emergency 911 should be called immediately. While waiting for assistance, bring the person to a cool place and apply sponges and fans. Wrapped ice packs will help on the neck, wrists, ankles and armpits.
- Heat exhaustion typically occurs when people over-exert themselves in a warm, humid place. Symptoms include heavy sweating; fainting; vomiting; cold, pale, clammy skin; dizziness, headache, nausea and weakness. Heat exhaustion can quickly lead to heat stroke, so if symptoms worsen or do not improve, get medical help. Move the person to a cool place, loosen clothing and apply cool, wet cloths to the neck, face and arms. Give a half glass of water every 15 minutes (up to about one quart) and encourage the person to sip the water slowly. Stop the water if vomiting occurs.
- *Heat cramps* are muscle cramps in the abdominal area or extremities (e.g. arms and legs). They are often accompanied by heavy sweating and mild nausea. Move the person to a cool place, and apply firm pressure to the cramping muscle. The person can also gently stretch the cramped muscle and hold it for 20 seconds, and then gently massage it. Have the person drink some cool water.
- *Heat rash* is a skin irritation that looks like a red cluster of pimples or small blisters. Move the person to a cooler place and keep the affected area dry. The person can also use talcum powder to increase comfort.

To protect you and your family during extreme heat, follow the tips below:

- Use air conditioning to cool down or go to an air-conditioned building.
- If you don't have air conditioning in your home, open windows and shades on the shady side and close them on the sunny side to try to cool it down.
- Drink plenty of fluids, but avoid alcohol, caffeine and sugary drinks.
- Beat the heat with cool showers and baths.
- Take regular breaks from physical activity.
- Avoid strenuous activity during the hottest part of the day (between 11 a.m. and 4 p.m.).
- Wear loose, lightweight, light-colored clothing to help keep cool.
- Stay out of the sun as much as possible.
- Wear sunscreen and a ventilated hat (e.g., straw or mesh) when in the sun, even if it is cloudy.
- Never leave children, pets or those with special needs in a parked car, even briefly. Temperatures in the car can become dangerous within a few minutes.
- Check on your neighbors, family and friends, especially those who are elderly or have special needs.

When extreme heat strikes, the New York state offices of the National Weather Service (NWS) issue heat advisories, watches and warnings. People can sign up to be notified of heat alerts and other extreme weather advisories via email, text message, phone or fax through NY-Alert, the New York State All-Hazards Alert and Notification web-based portal (www.nyalert.gov). For more information on NWS' heat watch/warning/advisory system, visit: http://www.erh.noaa.gov/er/aly/Heat/HeatDay.htm

For more information on extreme heat and what to do when temperatures rise, visit the DOH webpage at: www.nyhealth.gov/environmental/emergency/weather/hot/."

Have a safe, "cool" summer!

Sandy Creek Central School District

PO Box 248 124 Salisbury St. Sandy Creek, NY 13145

Phone: 315-387-3445
Fax: 315-387-2196
District Office: Ext. 1512
Business Office: Ext. 1510
Elementary: Ext. 1110
Middle School/ High School: Ext.: 1910
Nurses Office—
Elem: Ext. 1501; HS: Ext. 1502
Transportation: Ext. 3330



COMMUNITY TRACK/WEIGHT ROOM INFORMATION





The Sandy Creek Central School District Weight Room and Track will resume community activity with the beginning of the 2011-2012 school year from 6:00 p.m. to 9:00 p.m. If you have any questions, please call the District Office at 387-3445, ext. 1510.

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