

February

Monday	Tuesday	Wednesday	Thursday	Friday
2 Apple Slices	3 Orange Wedges	4 Kiwi Fruit	5 Roasted Garbonzo Beans	6 Carrot Chips
9 Cucumber Slices with Low Fat Ranch	10 Honey Crisp Apples	11 Carrot Sticks	12 Blood Orange Wedges	13 Strawberries
16	17	18 Break!	19	20
23 Green Grapes	24 Garden Salad with Lite Ranch	25 McIntosh Apples	26 Pepper Strips	27 Apple Slices